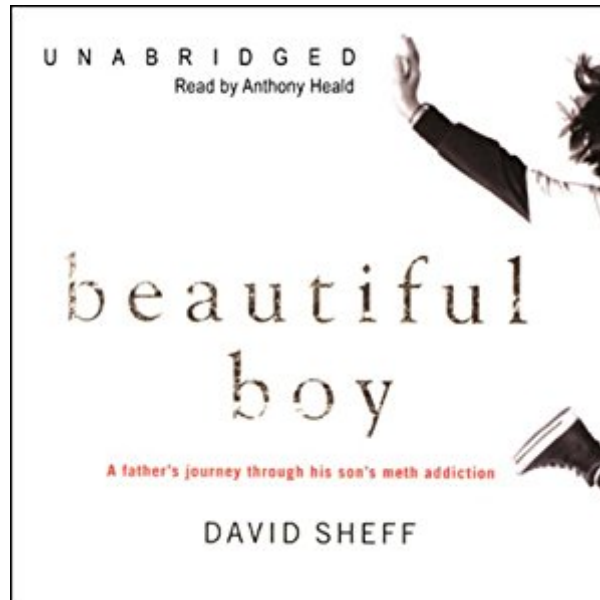


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# Beautiful Boy: A Father's Journey Through His Son's Meth Addiction



## Synopsis

What had happened to my beautiful boy? To our family? What did I do wrong? Those are the wrenching questions that haunted every moment of David Sheff's journey through his son Nic's addiction to drugs and tentative steps toward recovery. Before Nic Sheff became addicted to crystal meth, he was a charming boy, joyous and funny, a varsity athlete and honor student adored by his two younger siblings. After meth, he was a trembling wraith who lied, stole, and lived on the streets. David Sheff traces the first subtle warning signs: the denial, the 3 A.M. phone calls (is it Nic? the police? the hospital?), the rehabs. His preoccupation with Nic became an addiction in itself, and the obsessive worry and stress took a tremendous toll. But as a journalist, he instinctively researched every avenue of treatment that might save his son and refused to give up on Nic. Beautiful Boy is a fiercely candid memoir that brings immediacy to the emotional rollercoaster of loving a child who seems beyond help. --This text refers to the Paperback edition.

## Book Information

Audible Audio Edition

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## Customer Reviews

I share the same intense feelings about this book that other reviewers shared. Fortunately I had heard Mr Sheff on NPR before I read it so at least I knew that Nic was still alive. I felt every up and down of his journey and anguished with him and his family through Nic's relapses. I pray for Nic even though I'm not even traditionally religious. I just want him to know that we are out there pulling for him to have the kind of life he was meant to have. I like other readers have gone through a somewhat similar journey with my teenaged son. His nightmare was drug induced mania and

psychosis, I believe caused by daily marijuana use. Only I will ever know the details of what I went through with him for over three years until medication and sobriety brought him back to reality. But I shared David's guilt and constant worry. I also had to endure the criticism of my ex-husband who believed that my approach to parenting brought this on. I also want to lend my reassurance to Mr Sheff that nothing he or his family did caused the drug addiction. Nothing. Nic is so very fortunate to have his family. He might not have made it. But I also admire David for the fine line he found between loving and enabling. He did the right thing. I read this book after reconnecting with a brilliant friend from college who told me that he had spent the better part of the last 20 years addicted to meth and I sincerely lamented the tragedy of his life. Although his addiction was not as fiendish or debilitating as Nic's seemed to be, it was still quite devastating and ended as so many of these stories do with a drug bust. I'm also helping a dear friend cope with the trauma of his son's bust for selling pills while undergoing his own rehab for alcohol. So the book hit home in so many ways.

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Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Caffeine Addiction Gone - A Beginners Guide to Overcoming Caffeine Addiction (Caffeine Addiction Guide, Caffeine Addiction, Overcoming Caffeine Addiction) Smoking Addiction: Desire To Stop Smoking Addiction Just Three Steps (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Gambling Addiction Recovery: Gambling Addiction Recovery and Cure of Your Life (Addiction Recovery, Addictions Gambling, Quit Smoking, Addiction) The Ultimate Gambling Addiction Help Guide: How To Overcome A Gambling Addiction And Problem Gambling Once And For All (gambling addiction cure, problems, ... craps, baccarat, poker, blackjack) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) My Father's Paradise: A Son's Search for His Jewish Past in Kurdish Iraq Hands of My Father: A Hearing Boy, His Deaf Parents, and the Language of Love Prayer Warriors: The True Story of a Gay Son, His Fundamentalist Christian Family, and Their Battle for His Soul Tweak: Growing up on Crystal Meth Meth: America's Drug Epidemic (Exceptional Social Studies

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